

Postoperative Instructions Following Elite IQ or Apogee Laser for Telangiectasia, Leg Veins

Immediately After Surgery

- You may feel discomfort, but usually the laser treatment/sclerotherapy is not painful.
- You may take non-aspirin pain medication (such as Tylenol) as directed on the label.
- If you have discomfort, place a towel soaked in cold water onto the treated areas or use plastic bags filled with frozen peas.
- Avoid sun exposure to the skin and always use sunscreen.
- To the open areas, apply SD SB Recovery ointment 4 times per day until any scabs are gone.
- Do not pick or scratch any of the treated areas.
- You may shower or bathe, but pat the skin dry – DO NOT RUB.
- Occasionally, a small area of reddish-brown scab that is formed on a lasered area may be dislodged. This may lead to some bleeding. If this occurs, simply place ice cubes in a clean washcloth and hold pressure over this area for a few minutes until the bleeding stops.
- You should remain active, but strenuous activity should be avoided for 3-4 days.

1 Day to 1 Week after Surgery

- Hot compresses or very warm to hot water is to be avoided.
- Infection in laser treated areas is very uncommon. However, in certain cases antibiotics may be prescribed for your post treatment.
- No compression is indicated post treatment for facial areas.
- Most vascular lesions on the nose or face will require several; re-treatments.
- A sunscreen of SPF 45 or higher should be continued through this course and for 4 weeks after the final treatment.
- If you have any itching, call the office, and a cream will be prescribed for you.
- If you have any swelling or blistering, call the office, and the doctor may need to see you.
- Call if you have any questions about the appearance of the face or how it is healing.
- Remember, the facial and leg veins can take several weeks to clear. Don't worry if you still see veins present after you heal.

1 Week to 1 Month after Surgery

- Some swelling may normally take place during the first few days after surgery. If severe inflammation persists and is associated with red streaks or the treatment site develops pus, you should notify the doctor as soon as possible.
- Sometimes, the area will drain a few drops of clear or blood-tinged fluid. However, bleeding following surgery is not expected. If bleeding does occur, hold a clean gauze or tissue firmly against the bleeding area for a full ten minutes. If bleeding is not controlled, call the doctor or go to your nearest emergency room.

Return Visits

- At the time of surgery, you will be given an appointment for a return visit. These visits are arranged so that complications can be avoided and to evaluate and manage your progress.

Office Phone

IL	Peoria (309) 674-7546	Morton (309) 263-7546	Peru (815) 224-7400
	Galesburg (309) 344-5777	Moline(309)277-0772	Normal (309) 268-9980
IA	Davenport (563) 344-7546	Clinton (563) 242-3571	Muscatine(563) 263-2113

If an emergency arises, call "911" or go to the nearest emergency room.

I have read, or have had read to me, these postoperative instructions, and I have received them to take home to follow.